



MasterClass

The Art of War in Motion

Chinese martial culture for contemporary challenges



The Moy Yat Ving Tsun Safeguard Group is an international organization dedicated to the preservation, study, and contemporary development of the Chinese martial system Ving Tsun, in accordance with the legacy transmitted by Patriarch Moy Yat. Its mission is to safeguard not only the external form of the system, but above all its strategic, cultural, and human foundations.

The group brings together masters and researchers in different countries, promoting studies, exchanges, and projects that explore Ving Tsun as a system of strategic intelligence, applicable to diverse contexts such as education, security, leadership, and human development. The aim is not to standardize methods, but to preserve principles, while respecting the cultural, institutional, and individual specificities of each context.

In the fields of security and human development, the Moy Yat Ving Tsun Safeguard Group encourages approaches that go beyond technical transmission, prioritizing lived experience, reflection, and adaptation to real circumstances. This perspective allows Ving Tsun to be explored in an ethical, responsible, and contemporary manner, while remaining coherent with the classical Chinese strategic thought from which it originates.

Leo Imamura

Founder of the MYVT Safeguard Group



“Everybody has a plan until they get punched in the mouth.”

The quote attributed to Mike Tyson raises an interesting reflection about environments marked by pressure, unpredictability and constant change.

But what if Mike Tyson is only partially right? Perhaps the issue is not the planning itself.

What if the real problem lies in the way we relate to it?

Inspired by Chinese martial culture, this 4-hour MasterClass proposes a reflection on perception, adaptation and decision-making in complex environments. Not because Chinese wisdom is superior to other traditions, but because its cultural distance allows us to look at our own references from a different perspective.

Drawing from decades of experience developed within military, law enforcement, corporate and crisis management environments, this proposal seeks to explore themes such as risk perception, emotional management and strategic adaptation under pressure.

Because, in many critical contexts, the decisive factor is not merely the plan prepared in advance.

But the ability to perceive when the situation has changed.

Specialized transmission

- ✓ Gain access to principles shared with officers from the Special Police Operations Battalion (BOPE) of Rio de Janeiro and with the Joint Special Operations University (JSOU), the academic and strategic thinking branch of the United States Special Operations Command (USSOCOM), responsible for coordinating some of the world's most well-known elite forces, such as the SEAL Team Six and Delta Force.



What's in it for you

✓ **Expanding risk perception**

Develop a greater ability to perceive subtle signals, anticipate scenarios, and better understand the dynamics of situations before they escalate into crises.

✓ **Emotional management under pressure**

Explore principles from Chinese martial culture that help sustain emotional stability, mental clarity, and decision-making capacity in high-pressure environments.

✓ **Exploring strategic intelligence**

Understand how classical Chinese strategic thought can contribute to adaptability, contextual awareness, and the development of more appropriate responses to changing circumstances.

✓ **Human and professional development**

Experience reflections that may strengthen leadership, communication, presence, collective responsibility, and the ability to operate in complex environments.



MasterClass format

STAGE	DURATION	DESCRIPTION
WELCOME COFFEE	20 min	Reception, registration and initial integration among participants.
CONCEPTUAL MODULE	2 hours	Presentation of principles derived from Chinese martial culture, adapted to leadership, decision-making, adaptability, teamwork and performance in complex environments.
COFFEE BREAK	20 min	Break for networking and experience sharing among participants.
MARTIAL EXPERIENCE	2 hours	Experiential activities carefully designed to facilitate the assimilation of the concepts presented in the conceptual module.

Total Duration: Approximately 5 hours, including networking and participant interaction.

Included in the MasterClass

- Digital workbook.
- Digital certificate.
- **Exclusive Bonus:** Opportunity to experience the traditional practice of the Chinese martial system Ving Tsun at the MYVT Safeguard Group Global Headquarters in Abu Dhabi, led by Senior Master Tiago Quintela (optional activity for interested participants).

Further Development

The MasterClass can serve as a starting point for more advanced programs, tailored to the objectives and specific needs of participants or their organization.

On-Demand

The MasterClass is offered on demand, either through the formation of an open group or by booking a private group.

Private Groups

Special conditions are available for private groups, with pricing adjusted according to the number of participants.

Please contact us for information about pricing, availability, waiting lists, or any other questions.

Martial experience as a didactic resource

The program will initially involve a theoretical approach and will subsequently employ martial experience as a didactic resource, seeking to facilitate the practical assimilation of the concepts presented.

Martial experience consists of symbolic combat situations expressed through bodily interaction, pedagogically structured and characterized by progressively increasing levels of unpredictability. When strategic intelligence is cultivated through this lived experience, it becomes what we refer to as martial intelligence.

The symbolic nature of combat does not imply the absence of intensity. On the contrary, it enables gradual exposure to stimuli capable of eliciting authentic emotional, cognitive and physical responses. The fundamental difference lies in the fact that, by not involving a real threat to life, symbolic combat preserves the necessary space for observation, reflection and behavioral adjustment. In real combat, where immediate survival prevails, attention tends to focus on self-preservation, significantly limiting the learning process. The symbolic dimension, therefore, does not diminish the experience; it makes learning possible.

All activities are conducted in a personalized manner, under conditions of complete safety and with respect for the individual characteristics of each participant. No prior knowledge of martial arts is required to participate in the study.

MEET YOUR FACILITATORS



Tiago Quintela

Senior Master in Ving Tsun, certified by the International MYVT Federation (New York), and institutional representative responsible for the Global Headquarters of the MYVT Safeguard Group, located in Abu Dhabi.

A direct disciple of Grand Master Leo Imamura, he has accumulated more than 25 years of dedication to the study and development of the Chinese martial system Ving Tsun.

His work bridges the Ving Tsun tradition with contemporary contexts of high complexity. Over more than 15 years, he has held senior executive positions, including CEO and Client Executive, in multinational corporations within the technology and education sectors, with a focus on institutional relations and the management of global programs. He holds a degree in Classical Languages from the Federal University of Minas Gerais (UFMG).

From the Global Headquarters in Abu Dhabi, his mission is focused on the human development of individuals seeking self-knowledge and improved performance in their professional and personal trajectories, through the institution's programs. In this context, his leadership contributes to the international activities of the Safeguard Group, preserving the system's legacy and demonstrating its relevance as a reference for integral human development.



Fabio Gomes

Gained access to Chinese martial culture through the Ving Tsun strategic intelligence system, in which he received the title of Senior Master from the International MYVT Federation, based in New York, through his mentor, Grandmaster Leo Imamura. He is a member of the Leadership Committee of the MYVT Safeguard Group.

With nearly 30 years of experience, including work across the Americas, Europe, and Asia, he has built a career that led him to serve as a guest instructor for Defense and Security organizations in Brazil. Among his contributions are training programs for the Brazilian Army Commandos and Special Forces, the Brazilian Navy Amphibious Commandos, and BOPE/RJ police officers, as well as collaboration in the preparation of military personnel for United Nations Peacekeeping Missions.

He is the author of the book *The Art of Fighting Without Fighting: The Chinese Martial System Ving Tsun in the Special Operations of the Brazilian Army* and of articles published in international magazines and specialized journals, including the Brazilian Army's *Military Doctrine Journal* and the *ILEETA Journal* of the International Law Enforcement Educators and Trainers Association (ILEETA).

He is the author of an article published by the Joint Special Operations University (JSOU), the academic and strategic thought arm of the United States Special Operations Command (USSOCOM), which coordinates elite special operations units such as SEAL Team Six and Delta Force.

Based on this expertise, his work extends into the corporate sector, helping leaders and teams with risk management and decision-making under pressure.

Website: www.fabiogomes.com

TESTIMONIALS

“Learning about strategic behavior and balance under pressure is essential for those who connect dreams and people every day. Thank you for sharing such valuable wisdom.”

- Official RIOgaleão Profile

RIO DE JANEIRO INTERNATIONAL AIRPORT

“It was excellent! Congratulations on both the content and the way you delivered it. Even within a limited timeframe, you managed not only to address the subject effectively, but also to spark the team’s curiosity.”

- Lucas Arloy

GLOBO TELEVISION NETWORK

“It was an honor to take part in this MasterClass. The content on anticipation and strategic awareness was extremely valuable. The Ving Tsun system offers a remarkably lucid perspective on how to manage conflict.”

- Fernanda Page

RIOSUL SHOPPING CENTER